

05/01/25



Head Start Menu Breakfast FALL 2025

DATES	Mon	Tue	Wed	Thu	Fri
08/04-08/08	Chocolate Chip Muffin 1 EACH	Breakfast on a Stick 1 EACH	French Toast Sticks 4 EACH	Sausage and Cheese 1 EACH	WG Croissant 1 EACH
09/01-09/05					
09/29-10/03	Fresh Apple 1 EACH	Syrup 1 EACH	Syrup 1 EACH	Biscuit 1 EACH	Egg 2 OZ
10/27-10/31		Fresh Banana 1 EACH	Fresh Apple 1 EACH	Fresh Orange 1 EACH	Fresh Apple 1 EACH
11/24-11/28					
08/11-08/15	Cinnamon Stuffed Bagel 1 EACH	Mini Pancakes 1 EACH	WG Breakfast Pizza 1 EACH	Biscuit 1 EACH	Pork Sausage Patty 1 EACH
09/08-09/12					
10/06-10/10	Fresh Apple 1 EACH	Fresh Banana 1 EACH	Fresh Apple 1 EACH	Egg and Cheese 2 OZ	Brown Rice 1/2 CUP
11/03-11/07				Fresh Orange 1 EACH	Fresh Apple 1 EACH
12/01-12/05					
08/18-08/22	Blueberry Muffin 1 EACH	Breakfast on a Stick 1 EACH	French Toast Sticks 4 EACH	Sausage and Cheese 1 EACH	Pork Fried Rice 1 CUP
09/15-09/19					
10/13-10/17	Fresh Apple 1 EACH	Syrup 1 EACH	Syrup 1 EACH	English Muffin 1 EACH	Fresh Apple 1 EACH
11/10-11/14		Fresh Banana 1 EACH	Fresh Apple 1 EACH	Fresh Orange 1 EACH	
12/08-12/12					
08/25-08/29	Strawberry Stuffed Bagel 1 EACH	Mini Pancakes 1 EACH	WG Breakfast Pizza 1 EACH	Croissant 1 EACH	Benefit Bar 1 EACH
09/22-09/26					
10/20-10/24	Fresh Apple 1 EACH	Fresh Banana 1 EACH	Fresh Apple 1 EACH	Egg and Cheese 2 OZ	Fresh Apple 1 EACH
11/17-11/21				Fresh Orange 1 EACH	
12/15-12/19					

Gossner 1% White Milk served daily

In accordance with federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, natural origin, sex, age or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.



05/01/25



FALL 2025 Head Start Snack Menu

DATES	Mon	Tue	Wed	Thu	Fri
08/04-08/08	Graham Crackers 1 EACH 1% White Milk 1 EACH	Assorted Fruit 1 EACH 1% White Milk 1 EACH	Cereal Bar 1 EACH 1% White Milk 1 EACH	Assorted Fruit 1 EACH 1% White Milk 1 EACH	Graham Crackers 1 EACH 1% White Milk 1 EACH
09/01-09/05					
09/29-10/03					
10/27-10/31					
11/24-11/28					
08/11-08/15	Graham Crackers 1 EACH 1% White Milk 1 EACH	Assorted Fruit 1 EACH 1% White Milk 1 EACH	Cereal Bar 1 EACH 1% White Milk 1 EACH	Assorted Fruit 1 EACH 1% White Milk 1 EACH	Graham Crackers 1 EACH 1% White Milk 1 EACH
09/08-09/12					
10/06-10/10					
11/03-11/07					
12/01-12/05					
08/18-08/22	Graham Crackers 1 EACH 1% White Milk 1 EACH	Assorted Fruit 1 EACH 1% White Milk 1 EACH	Cereal Bar 1 EACH 1% White Milk 1 EACH	Assorted Fruit 1 EACH 1% White Milk 1 EACH	Graham Crackers 1 EACH 1% White Milk 1 EACH
09/15-09/19					
10/13-10/17					
11/10-11/14					
12/08-12/12					
08/25-08/29	Graham Crackers 1 EACH 1% White Milk 1 EACH	Assorted Fruit 1 EACH 1% White Milk 1 EACH	Cereal Bar 1 EACH 1% White Milk 1 EACH	Assorted Fruit 1 EACH 1% White Milk 1 EACH	Graham Crackers 1 EACH 1% White Milk 1 EACH
09/22-09/26					
10/20-10/24					
11/17-11/21					
12/15-12/19					

Gossner Non Fat Assorted Milk and 1% White Milk served daily

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