

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

Labor Day
No School!
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2

Breakfast
French Toast Sticks
Fruit & Juice

Lunch
Beef nachos
W/Cheese Sauce
Beans
Fruit

3

Breakfast
Croissant
Scrambled Egg
Fruit

Lunch
Corn Dog
Smile Fries
Fruit

4

Breakfast
Sausage & Cheese
Biscuit Sandwich
Fruit & Juice

Lunch
Breaded Drumstick
Red Rice
Salad
Fruit

5

Breakfast
Breakfast on a Stick
Fruit

Lunch
Cheese Pizza
Daily Vegetable
Fruit

A Variety of Fruits and Vegetables are offered weekly including Fresh, Frozen and Canned

8

Breakfast
Stuffed Bagel
Fruit

Lunch
Salisbury Steak
w/ Rice & Gravy
Daily Vegetable
Fruit

9

Breakfast
Breakfast Pizza
Fruit & Juice

Lunch
Teriyaki Chicken
Rice
Beans
Fruit

10

Breakfast
Mini Pancakes
Fruit

Lunch
Cheeseburger
Potato Wedges
Daily Fruit

11

Breakfast
Biscuit Sandwich w/
Egg & Cheese
Fruit & Juice

Lunch
Chili w/ Hot Dog
Rice
Vegetable
Mango

12

Breakfast
Sausage & Rice
Fruit

Lunch
Cheesy Breadsticks
Marinara Sauce
Vegetable & Fruit

Cold Cereal is offered daily (except Thursday) as a 2nd breakfast Option

15

Breakfast
Muffin
Fruit

Lunch
Chicken Nuggets
Rice
Daily Vegetable
Fruit

16

Breakfast
French Toast Sticks
Fruit & Juice

Lunch
Beef Nachos
W/ Cheese Sauce
Black Beans
Fruit

17

Breakfast
Breakfast on a Stick
Fruit

Lunch
Teriyaki Beef Dippers
Rice
Fruit
Daily Vegetable

18

Breakfast
English Muffin Sandwich
w/ Sausage & Cheese
Fruit & Juice

Lunch
Eggless Loco Moco
Rice
Fruit
Daily Vegetable

19

Breakfast
Pork Fried Rice
Fruit

Lunch
Popcorn Chicken
Mashed Potatoes & Gravy
Corn
Fruit

All meals meet USDA requirements for Healthy, Hunger Free Children

22

Breakfast
Stuffed Bagel
Fruit

Lunch
Cheesy Breadsticks
Marinara Dipping Sauce
Daily Vegetable
Fruit

23

Breakfast
Breakfast Pizza
Fruit & Juice

Lunch
Orange Chicken
Rice
Daily Vegetable
Fruit

24

Breakfast
Mini Pancakes
Fruit

Lunch
Hot Dog
Pork & Beans
Fruit

25

Breakfast
Egg & Cheese
Croissant Sandwich
Fruit & Juice

Lunch
Bistek
Rice
Vegetable & Fruit

26

Breakfast
Benefit Bar
Fruit

Lunch
Breaded Chicken Sandwich
Potato Wedges
Fruit

At lunch, you are required to take a fruit or vegetable and at least 2 other items (Milk is optional)

29

Breakfast
Muffin
Fruit

Lunch
Chicken Alfredo Pasta
Daily Vegetable
Mandarin Oranges

30

Breakfast
French Toast Sticks
Fruit & Juice

Lunch
Beef Nachos
w/ Cheese Sauce
Black Beans
Fruit

Every Meal you have a choice of low fat white milk or fat free chocolate or Strawberry Milk

USDA is an equal opportunity provider, employer, and lender.