Guam Department of Education
School Wellness Policy: Triennial Assessment Summary

The Guam Department of Education (GDOE) is committed to fostering school environments that support student health, well-being, and academic success through the implementation of GDOE Board Policy 705 and related Standard Operating Procedures governing food and nutrition in schools. As participants in USDA's National School Lunch and Breakfast Programs (NSLP/SBP), GDOE is required to comply with federal wellness policy requirements.

In accordance with 7 CFR § 210.31(e)(2), GDOE must conduct an assessment of their Local School Wellness Policy at least once every three years. This triennial assessment serves to evaluate the extent to which schools are complying with the district's wellness policy, compare the policy against model wellness policies, and measure progress toward achieving minimum federal requirements. The policy process is intended to be collaborative and involves the participation of students, parents, administrators, faculty, staff, and other members of the community. To support this requirement, GDOE maintains a Nutrition & Fitness Advisory Council comprised of representatives from these stakeholder groups to provide guidance, feedback, and recommendations regarding policy implementation.

Federal regulations further require GDOE to make the results of the policy assessment available to the public 7 CFR § 210.31(d)(3). By publishing this Triennial Assessment Summary, GDOE fulfills its obligation to inform the public of the Department's progress in advancing student health and wellness.

Section 1: General Information

School(s) included in the assessment:	
All schools under the Guam Department of Education	
Month and year of current assessment:	**Date of last school wellness policy revision:**
December 2025	02/24/2016
Website address for wellness policy and/or information on how the public can access a copy:	
https://www.gdoe.net/District/Department/19-Guam-Education-Board/Portal/board-policies	

Section 2: Wellness Committee Information

How many times per year does your school wellness committee meet?		
Monthly; approximately twelve (12) times per year.		
Designated Wellness Committee Facilitators:		
Name	*Title / Division or School*	*Email Address*
Anthony S. Monforte	Administrator, FNSMD	asmonforte@gdoe.net
Rynette D. Perez	Program Coordinator, FNSMD	rdperez@gdoe.net
Matthew L.G. Sablan	Program Coordinator, FNSMD	mlgsablan@gdoe.net

Wellness Committee Members:	
Name, Title - School	*Name, Title - School*

Dr. Barbara Adamos, Principal - JFKHS	LeAnn Pangelinan, Teacher – MULES
Caroline-Cardines Finch, Parent - AMS	Nicole LPerez, Parent – JRMS
Darlene Castro, Principal - MULES	Christian Quichocho, Student – THS
John Coffman, Jr., Teacher - ATES	Christine Quichocho, Parent – THS
Leilani Cruz, Student - SSHS	Tiana Reyes, Parent – CLTES
Joselito de Guzman, Parent – BPCES	Aiden Reyes, Student – CLTES
Kohen Diego, Student – JFKHS/IBOGS	Ian Reyes, Student – CLTES
Nathan Eay, School Aide – JFKHS	Asherdee Rosete, Principal – JPTSA
Hannah M. Gutierrez, Principal – AMS	Bruce San Nicolas, Parent – OCPES
Mariann T. Lujan, Principal – JRMS	Stella M. Taitague, Parent – LPUMS
Audrey P. Mandapat, Parent – SSHS/IMS	Vanessa Toves, Parent – JQSMES
Carla Masnayon, Principal – SSHS	Tony Villanueva, Parent – CHBPES

Section 3: Comparison to Model School Wellness Policies

Indicate model policy language used for comparison:

( ) Alliance for a Healthier Generation: Model Policy

(**X**) WellSAT 3.0 Example Policy

( ) Other: _____

Describe how your wellness policy compares to model wellness policies:

The current Guam Department of Education Wellness Policy, GEB Board Policy 705, was last updated on 2/24/2016. At that time, the policy was generally aligned with the recommended framework for nutrition promotion, physical activity, nutrient standards, and stakeholder involvement.

Since then, major changes have been made to the nutritional standards for Child Nutrition Program meals and competitive foods in schools. Since no update to BP705 has been made in the past ten years, the current policy no longer reflects these standards and is therefore not compliant with the federal requirements mandated for schools participating in USDA's school meal programs. Critical updates are needed to strengthen federal compliance, implementation, monitoring, and required review and assessment practices.

Current policy was assessed using WellSAT 3.0 Tool. Two (2) separate scores were elicited from the assessment, as follows:

- Comprehensiveness Score: Numerical score out of 100, indicating the breadth of the policy, or the extent to which required and recommended content is included.
    - National Average Comprehensiveness Score: **54 / 100**
    - GDOE Board Policy 705 Comprehensiveness Score: **59 / 100**

- Strength Score: Numerical score out of 100, indicating how strongly content is stated, or whether policy language requires actions to be taken.
    - National Average Strength Score: **33 / 100**
    - GDOE Board Policy 705 Strength Score: **4 / 100**

Section 4: Compliance with Wellness Policy and Progress Toward Goals

At minimum, school wellness policies are required to include:

- Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards, and the Smarts Snacks in School nutrition standards.
- Standards for all foods and beverages provided, but not sold, to students during the school day (e.g. in classroom parties, snacks brought by parents, or foods given as incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of public involvement, public updates, policy leadership, and evaluation plan.
- Specific goals for:
    - Nutrition promotion and education;
    - Physical activity; and
    - Other school-based activities that promote student wellness.

Using the tables below, indicate the language that is currently written in the school wellness policy in relation to each topic area and whether the district is meeting the goal, partially meeting the goal, or not meeting the goal. Indicate any progress made for each goal and next steps that have been identified.

Nutrition guidelines for all foods and beverages for sale to students on the school campus during the school day (e.g. Child Nutrition Program meals, student/school stores, food/beverage fundraisers, etc.).	**Describe progress and next steps:**
Food sales and distribution for the benefit of school organizations may be allowed, but only after written permission is granted by the administrator of the school. The school organization must prove that the food sold or distributed contain the minimum nutritional values so as to comply with the Federal Regulations contained in 7 CFR, Parts 210 and 220. Foods sold or served in schools should assist students to comply with the U.S. Dietary Guidelines for Americans. The following exemptions from the nutritional requirements are hereby approved: • Elementary schools – 5 events per school • Middle schools – 10 events per school • High schools and alternative school – 15 events per school	Current policy reflects necessity to comply with 7 CFR Parts 210 and 220, but obsolete standards for "Foods of Minimal Nutritional Value" (FMNV) are referenced. Policy is not reflective of updated standards for competitive foods, also known as Smart Snacks standards. Advisory Council will draft revised Board Policy to ensure compliance with this mandate and all other minimum federal requirements for school wellness policies. Exemptions for competitive food sales are indicated in policy, however there are no procedures in place for these exemptions. Advisory Council will draft new Standard Operating Procedure for nutrition requirements for foods sold or distributed in school.

( ) Meeting Goal	(**X**) Partially Meeting Goal	( ) Not Meeting Goal

Guidelines for all other foods and beverages available to students on the school campus during the school day, but not sold (e.g. school parties and celebrations, incentives or rewards, etc.).	**Describe progress and next steps:**
Food and Beverages with Minimal Nutritional Value brought to school by students shall be discouraged and notification sent home to parents encouraging the consumption of healthy foods and beverages.	Current policy reflects necessity to comply with 7 CFR Parts 210 and 220, but obsolete standards for "Foods of Minimal Nutritional Value" (FMNV) are referenced. Policy is not reflective of updated Smart Snacks standards. Policy language is weak ("encourage" vs "shall not") and does not specifically address the nutrient requirements for foods available to students as part of school parties, celebrations, incentives, or rewards. Advisory Council will draft revised Board Policy and new SOP to ensure compliance with this mandate and all other minimum federal requirements for school wellness policies.
( ) Meeting Goal	( ) Partially Meeting Goal	(**X**) Not Meeting Goal

Marketing and advertising of only foods and beverages that are part of Child Nutrition Program meals or that meet Smart Snacks standards.	**Describe progress and next steps:**
Schools shall not promote and market fast food and branded foods and beverages within their food service area.	Federal minimum requirements prohibits marketing of any foods or beverages that are <u>not</u> part of Child Nutrition Program meals or that meet Smart Snacks Standards. Current policy only applies to "fast food" and "branded" foods. Advisory Council will draft revised Board Policy and new SOP to ensure compliance with this mandate and all other minimum federal requirements for school wellness policies.
( ) Meeting Goal	(**X**) Partially Meeting Goal	( ) Not Meeting Goal

Publication of School Wellness Policy for public view, plans for stakeholder involvement, and plans for annual review and triennial assessment.	**Describe progress and next steps:**
The Food and Nutrition Services Administrator shall be responsible for evaluating and assessing annually whether the Board Policy and Procedures are implemented, including a periodic assessment of the school meal program with input from students, parents and staff. The evaluation and assessment shall be submitted annually in report form to the Superintendent of Education annually.	There is no verbiage in the current policy that mandates the publication of the Wellness Policy for public view, nor plans for triennial assessment. Involvement of stakeholders is vague. Advisory Council will draft revised Board Policy and new SOP to ensure compliance with this mandate and

	all other minimum federal requirements for school wellness policies.
( ) Meeting Goal ( ) Partially Meeting Goal (**X**) Not Meeting Goal	

Nutrition promotion and education goals.	**Describe progress and next steps:**
In order to promote family and community involvement in supporting and reinforcing nutrition, nutrition education, physical fitness, physical education and Growth Screening, in schools, the school administrator is responsible for ensuring: • Nutrition, nutrition education, physical fitness, physical education, the BMI and menus are made available to parents; Foods served at school shall display sufficient nutrition information to allow parents, students and the community to make informed dietary choices. • Families are encouraged to attend exhibits of students nutrition, physical fitness and BMI projects, etc; • Parents are encouraged to participate with their child's homework in which nutrition education, physical education and Growth Screening provide a learning tool for families.	Policy includes nutrition education as part of school wellness, but language is weak and lacks enforcement and support in curriculum standards. Advisory Council will work to strengthen language in the policy. However, additional work will need to be done to include Curriculum & Instruction representatives in the conversation.
( ) Meeting Goal (**X**) Partially Meeting Goal ( ) Not Meeting Goal	

Physical activity promotion and education goals.	**Describe progress and next steps:**
(see section above)	Physical activity and education are included as curriculum requirements at all school levels: • Board Policy 338 – Middle School Curriculum Requirements • Board Policy 346 – Instructional Subjects and Time on Task for Elementary Schools • Board Policy 351.4 – High School Graduation Requirements (Note that current curriculum requirements do not meet the Physical Activity Guidelines for Americans of a minimum of sixty (60) minutes of physical activity each day for children under the age of 18.)
( ) Meeting Goal (**X**) Partially Meeting Goal ( ) Not Meeting Goal	

School-based activities to promote to student wellness goals.	**Describe progress and next steps:**
(see section above)	Policy encourages general wellness, but language is weak, does not address whole-child wellness, and

	lacks enforcement and support in curriculum standards. Advisory Council will work to strengthen language in the policy.
( ) Meeting Goal ( ) Partially Meeting Goal (**X**) Not Meeting Goal	

Include any additional notes:
See attached WellSAT 3.0 Policy Assessment Report for policy scores for each item above, as well as minimum federal requirements for all local school wellness policies. Proposed timeline for Advisory Council action to ensure compliance with 7 CFR 210 Wellness Policy requirements, as follows: • January 2026: ○ Recruit and engage stakeholder community for Advisory Council membership ○ Elicit school community feedback in stakeholder survey of Draft BP705 • February 2026: ○ Convene first Advisory Council meeting ○ Revise Draft BP705 with stakeholder and Advisory Council feedback • March 2026: ○ Convene second Advisory Council meeting ○ Provide finalized Draft BP705 for Council approval and motion to present to GEB • April 2026: ○ GEB Policy Committee working session presentation ○ Elicit school community feedback in stakeholder survey for Draft SOP 1700-019, relative to the nutrition requirements for foods/beverages in schools • May 2026: ○ Advisory Council memorandum to Superintendent and GEB for motion to approve ○ Press release of new BP705 updates to notify school community of updates • June 2026: ○ Provide finalized Draft SOP 1700-019 for Council approval and motion to present to Superintendent of Education • July 2026: ○ Training for school administrators, faculty, and staff on BP705 and related SOPs

For questions about this document or school wellness policy requirements, contact the Guam Department of Education's Food & Nutrition Services Management Division (GDOE FNSMD) by email at fnsmd@gdoe.net or by phone at (671) 472-4081 ext. 1398.

Policy Assessment: Guam DOE - BP705 Assessment (12/2025)
District: Guam Department of Education

Congratulations! You have completed the WellSAT Policy Assessment. You can see your Policy scores for each item below. Please note if you are missing any of the federal requirements in Section 1. Items with a rating of "0" (item not addressed in the policy) or "1" (weak statement addressing the item) can be improved by referring to the links at wellsat.org/resources.

Section 1. Federal Requirements

FR1	Includes goals for nutrition education that are designed to promote student wellness.	**1**
FR2	Assures compliance with USDA nutrition standards for reimbursable school meals.	**1**
FR3	District takes steps to protect the privacy of students who qualify for free or reduced priced meals.	**NA**
FR4	Free drinking water is available during meals.	**1**
FR5	Ensures annual training for food and nutrition services staff in accordance with USDA Professional Standards.	**1**
FR6	Addresses compliance with USDA nutrition standards (Smart Snacks) for all food and beverages sold to students during the school day.	**0**
FR7	Regulates food and beverages sold in a la carte.	**1**
FR8	Regulates food and beverages sold in vending machines.	**1**
FR9	Regulates food and beverages sold in school stores.	**2**
FR10	Addresses fundraising with food to be consumed during the school day.	**1**
FR11	Regulates food and beverages served at class parties and other school celebrations in elementary schools. Use N/A if no elementary schools in district.	**0**
FR12	Restricts marketing on the school campus during the school day to only those foods and beverages that meet Smart Snacks standards.	**1**
FR13	Addresses how all relevant groups will participate.	**1**

FR14	Identifies the officials responsible for compliance with all components of the local wellness policy in each school.	**2**
FR15	Addresses making the wellness policy available to the public.	**0**
FR16	Addresses the assessment of district implementation of the local wellness policy at least once every three years.	**1**
FR17	Addresses making triennial assessment results available to the public and specifies what will be included.	**0**
FR18	Addresses a plan for updating policy based on results of the triennial assessment.	**0**

Section 2. Nutrition Environment and Services

NES1	Addresses access to the USDA School Breakfast Program.	**1**
NES2	Addresses how to handle feeding children with unpaid meal balances without stigmatizing them.	**NA**
NES3	Specifies how families are provided information about determining eligibility for free/reduced price meals.	**NA**
NES4	Specifies strategies to increase participation in school meal programs.	**1**
NES5	Specifies marketing to promote healthy food and beverage choices.	**1**
NES6	Addresses the amount of "seat time" students have to eat school meals.	**1**
NES7	Addresses purchasing local foods for the school meals program.	**1**
NES8	USDA Smart Snack standards are easily accessed in the policy.	**0**
NES9	Exemptions for infrequent school-sponsored fundraisers.	**1**
NES10	Addresses foods and beverages containing caffeine at the high school level.	**0**

NES11	Addresses nutrition standards for all foods and beverages served (not sold) to students after the school day, including before and aftercare on school grounds, clubs, and after school programming.	**0**
NES12	Addresses nutrition standards for all foods and beverages sold (not served) to students after the school day, including before and aftercare on school grounds, clubs, and after school programming.	**0**
NES13	Addresses food not being used as a reward.	**1**
NES14	Addresses availability of free drinking water throughout the school day.	**1**

Section 3. Nutrition Education

NE1	Nutrition education teaches skills that are behavior focused, interactive, and/or participatory.	**1**
NE2	All elementary school students receive sequential and comprehensive nutrition education.	**1**
NE3	All middle school students receive sequential and comprehensive nutrition education.	**1**
NE4	All high school students receive sequential and comprehensive nutrition education.	**1**
NE5	Nutrition education is integrated into other subjects beyond health education.	**1**
NE6	Links nutrition education with the food environment.	**1**
NE7	 Nutrition education addresses agriculture and the food system.	**2**

Section 4. Physical Education and Physical Activity

PEPA1	 There is a written physical education curriculum for grades K-12.	**1**
PEPA2	The written physical education curriculum for each grade is aligned with national and/or state physical education standards.	**0**

Policy Assessment: Guam DOE - BP705 Assessment (12/2025)
District: Guam Department of Education

PEPA3	Physical education promotes a physically active lifestyle.	**0**
PEPA4	Addresses time per week of physical education instruction for all elementary school students.	**0**
PEPA5	Addresses time per week of physical education instruction for all middle school students.	**0**
PEPA6	Addresses time per week of physical education instruction for all high school students.	**0**
PEPA7	Addresses qualifications for physical education teachers for grades K-12.	**0**
PEPA8	Addresses providing physical education training for physical education teachers.	**0**
PEPA9	Addresses physical education exemption requirements for all students.	**NA**
PEPA10	Addresses physical education substitution for all students.	**NA**
PEPA11	 Addresses family and community engagement in physical activity opportunities at all schools.	**1**
PEPA12	 Addresses before and after school physical activity for all students including clubs, intramural, interscholastic opportunities.	**0**
PEPA13	Addresses recess for all elementary school students.	**1**
PEPA14	 Addresses physical activity breaks during school.	**0**
PEPA15	Joint or shared-use agreements for physical activity participation at all schools.	**0**
PEPA16	District addresses active transport (Safe Routes to School) for all K-12 students who live within walkable/bikeable distance.	**0**
PEPA17	 Addresses using physical activity as a reward.	**0**
PEPA18	Addresses physical activity not being used as a punishment.	**0**

PEPA19	Addresses physical activity not being withheld as a punishment.	**0**

Section 5. Employee Wellness

EW1	Addresses strategies to support employee wellness.	**0**
EW2	Encourages staff to model healthy eating and physical activity behaviors.	**0**

Section 6. Integration and Coordination

IC1	Addresses the establishment of an ongoing district wellness committee.	**1**
IC2	Addresses the establishment of an ongoing school building-level wellness committee.	**1**

Overall District Policy Score

Total Comprehensiveness	**District Score 59**
Total Strength	**District Score 4**