



GUAM DEPARTMENT OF EDUCATION

SY 2021-2022 CYCLE MENU

DL Perez HEAD START SNACK MENU



CYCLE 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8/9 9/6 10/4 11/1 11/29	WG CEREAL (1ea) 1% MILK (8fl.oz)	FRUIT (1/2c) 1% MILK (8fl.oz)	FRUIT (1/2c) 1% MILK (8fl.oz)	YOGURT (1 ea) 1% MILK (8fl.oz)	FRUIT (1/2c) 1% MILK (8fl.oz)
8/16 9/13 10/11 11/8 12/6	WW WAFFLE (1ea) SYRUP (1 Tbsp) 1% MILK (8fl.oz)	FRUIT (1/2c) 1% MILK (8fl.oz)	WG CEREAL (1ea) 1% MILK (8fl.oz)	FRUIT (1/2c) 1% MILK (8fl.oz)	FRUIT (1/2c) 1% MILK (8fl.oz)
8/23 9/20 10/18 11/15 12/13	FRUIT (1/2c) 1% MILK (8fl.oz)	FRUIT (1/2c) 1% MILK (8fl.oz)	FRUIT (1/2c) 1% MILK (8fl.oz)	YOGURT (1 ea) 1% MILK (8fl.oz)	WG CEREAL (1ea) 1% MILK (8fl.oz)
8/30 9/27 10/25 11/22	FRUIT (1/2c) 1% MILK (8fl.oz)	FRUIT (1/2c) 1% MILK (8fl.oz)	FRUIT (1/2c) 1% MILK (8fl.oz)	WG CEREAL (1ea) 1% MILK (8fl.oz)	YOGURT (1 ea) 1% MILK (8fl.oz)

DUE TO UNSEEN CIRCUMSTANCES THIS MENU IS SUBJECT TO CHANGE WITHOUT NOTICE

"This institution is an equal opportunity provider and employer."

(LEA) FNSMD Reviewed & Approved: Charleen Hadap 7/20/21

State Agency for Child Nutrition Program, Reviewed & Approved

Matthew L.G. Sablan 7/22/2021

